
RECORDS LCM RECORDS MALE
LC Meters-Male

8-8	50 Free	38.60	25-May-14	NGHX	Conrad Slessor at Dolphin Commonwealth Gala	
	100 Free	2:00.00	31-Dec-05		STANDARD	
	200 Free	5:00.00	31-Dec-05		STANDARD	
	50 Back	45.71	25-May-14	NGHX	Conrad Slessor at Dolphin Commonwealth Gala	
	100 Back	2:30.00	31-Dec-05		STANDARD	
	50 Breast	52.55	25-May-14	NGHX	Conrad Slessor at Dolphin Commonwealth Gala	
	100 Breast	3:00.00	31-Dec-05		STANDARD	
	50 Fly	51.56	25-May-14	NGHX	Conrad Slessor at Dolphin Commonwealth Gala	
9-9	50 Free	39.10	25-May-14	NGHX	Matthew Dick at Dolphin Commonwealth Gala	
	100 Free	3:00.00	31-Dec-05		STANDARD	
	200 Free	4:00.00	31-Dec-05		STANDARD	
	400 Free	8:00.00	31-Dec-05		STANDARD	
	800 Free	14:39.23	13-Feb-05		ANDREW BRYCE	
	50 Back	44.28	8-Jan-05	NGHX	ANDREW BRYCE	
	100 Back	3:00.00	31-Dec-05		STANDARD	
	200 Back	4:00.00	31-Dec-05		STANDARD	
	50 Breast	52.49	8-Jan-05		ANDREW BRYCE	
	100 Breast	3:00.00	31-Dec-05		STANDARD	
	50 Fly	44.81	8-Jan-05		ANDREW BRYCE	
	100 Fly	4:00.00	31-Dec-05		STANDARD	
	200 IM	4:00.00	31-Dec-05		STANDARD	
	400 IM	1:00.00	31-Dec-05		STANDARD	
10-10	50 Free	33.57	18-Dec-15	NGHX	Matthew Dick at Northampton Winter Festival	
	100 Free	1:11.28	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	200 Free	2:32.94	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	400 Free	5:25.93	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	800 Free	14:31.73	13-Feb-05		ALASTAIR MILEY	
	1500 Free	25:00.00	31-Dec-05		STANDARD	
	50 Back	38.16	26-Jun-08	NGHX	Joseph P. Miley at Scottish National Open Championships	
	100 Back	1:29.03	29-May-05		ALASTAIR MILEY	
	200 Back	2:40.90	26-Jun-08	NGHX	Joseph P. Miley at Scottish National Open Championships	
	50 Breast	46.26	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	100 Breast	1:37.95	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	200 Breast	3:56.97	1-May-10	NGHX	Owen Robinson at COGST Open Age Group	
	50 Fly	38.40	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	100 Fly	1:28.18	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	200 Fly	3:13.12	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	200 IM	2:55.42	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	11-11	50 Free	32.31	15-Nov-08	NGHX	Joseph P. Miley at Portobello LC Prize Meet - L2
		100 Free	1:06.13	22-Jul-09	NGHX	Joseph P. Miley at British Gas ASA National AG Champs Meet
		200 Free	2:23.64	29-May-09	NGHX	Joseph P. Miley at No Frills Meet 2009
		400 Free	4:57.44	22-Jul-09	NGHX	Joseph P. Miley at British Gas ASA National AG Champs Meet
800 Free		13:09.72	13-Feb-05		SIDNEY WRIGHT	
1500 Free		25:00.00	31-Dec-05		STANDARD	
50 Back		35.96	29-May-09	NGHX	Joseph P. Miley at No Frills Meet 2009	
100 Back		1:12.97	22-Jul-09	NGHX	Joseph P. Miley at British Gas ASA National AG Champs Meet	
200 Back		2:31.06	22-Jul-09	NGHX	Joseph P. Miley at British Gas ASA National AG Champs Meet	
50 Breast		42.86	13-Feb-09	NGHX	Joseph P. Miley at Edinburgh Int Age Group -L1	
100 Breast		1:31.44	13-Feb-09	NGHX	Joseph P. Miley at Edinburgh Int Age Group -L1	
200 Breast		3:15.44	13-Feb-09	NGHX	Joseph P. Miley at Edinburgh Int Age Group -L1	
50 Fly		34.51	29-May-09	NGHX	Joseph P. Miley at No Frills Meet 2009	

RECORDS LCM RECORDS MALE

11-11	100 Fly	1:17.60	13-Feb-09	NGHX	Joseph P. Miley at Edinburgh Int Age Group -L1	
	200 Fly	2:48.34	9-Dec-06	NGHX	ALASTAIR J. MILEY at COSS Winter Distance Meet	
	200 IM	2:37.91	22-Jul-09	NGHX	Joseph P. Miley at British Gas ASA National AG Champs Meet	
	400 IM	5:41.47	29-May-09	NGHX	Joseph P. Miley at No Frills Meet 2009	
12-12	50 Free	30.25	30-Oct-10	NGHX	Joseph P. Miley at Carnegie Long Course Open Winter Meet	
	100 Free	1:03.54	3-May-08	NGHX	Andrew A. BRYCE at City of Glasgow Open Meet 2008	
	200 Free	2:16.32	3-May-08	NGHX	Andrew A. BRYCE at City of Glasgow Open Meet 2008	
	400 Free	4:48.55	3-May-08	NGHX	Andrew A. BRYCE at City of Glasgow Open Meet 2008	
	800 Free	10:07.22	1-May-10	NGHX	Joseph P. Miley at COGST Open Age Group	
	1500 Free	18:59.96	1-May-10	NGHX	Joseph P. Miley at COGST Open Age Group	
	50 Back	35.00	28-Jul-10	NGHX	Joseph P. Miley at ASA Age Group Championships 2010	
	100 Back	1:11.83	22-Jun-10	NGHX	Joseph P. Miley at Scottish Gas National LC Open	
	200 Back	2:28.30	28-Jul-10	NGHX	Joseph P. Miley at ASA Age Group Championships 2010	
	50 Breast	33.89	5-Mar-16	NGHX	Finley Cousins at North District Age Group Championships	
	100 Breast	1:18.12	30-Mar-16	NGHX	Finley Cousins at Scottish National Age Group Championships 201	
	200 Breast	2:53.38	30-Mar-16	NGHX	Finley Cousins at Scottish National Age Group Championships 201	
	50 Fly	31.49	5-Mar-16	NGHX	Finley Cousins at North District Age Group Championships	
	100 Fly	1:12.61	28-Jul-10	NGHX	Joseph P. Miley at ASA Age Group Championships 2010	
	200 Fly	2:35.96	28-Jul-10	NGHX	Joseph P. Miley at ASA Age Group Championships 2010	
	200 IM	2:35.37	22-Jun-10	NGHX	Joseph P. Miley at Scottish Gas National LC Open	
	400 IM	5:24.99	8-Apr-10	NGHX	Joseph P. Miley at SNAGS	
	13-13	50 Free	28.07	29-Mar-17	NGHX	Ben Barclay at Scottish National Age Group Championships
		100 Free	1:00.23	29-Mar-17	NGHX	Ben Barclay at Scottish National Age Group Championships
200 Free		2:11.59	5-Nov-11	NGHX	Joseph P. Miley at Firecracker Open 2011	
400 Free		4:33.62	29-Mar-17	NGHX	Ben Barclay at Scottish National Age Group Championships	
800 Free		9:28.79	7-Apr-11	NGHX	Joseph P. Miley at Scottish National Age Group	
1500 Free		18:04.60	5-Nov-11	NGHX	Joseph P. Miley at Firecracker Open 2011	
50 Back		32.67	5-Apr-15	NGHX	Max Hitchcox at Scottish National Age Groups	
100 Back		1:06.30	10-Apr-13	NGHX	Spencer O'Grady at Scottish National Age Group	
200 Back		2:21.48	30-Jun-11	NGHX	Joseph P. Miley at Scottish Gas National Open Champs	
50 Breast		33.87	27-May-16	NGHX	Finley Cousins at East District Open & Grand Prix	
100 Breast		1:10.69	19-Oct-08	NGHX	Andrew A. BRYCE at ASA County Championships	
200 Breast		2:45.31	29-Mar-17	NGHX	Ben Barclay at Scottish National Age Group Championships	
50 Fly		31.43	27-May-16	NGHX	Finley Cousins at East District Open & Grand Prix	
100 Fly		1:09.94	19-Oct-08	NGHX	Alastair J. Miley at ASA County Championships	
200 Fly		2:30.09	15-Nov-08	NGHX	Alastair J. Miley at Portobello LC Prize Meet - L2	
200 IM		2:28.13	29-Mar-17	NGHX	Ben Barclay at Scottish National Age Group Championships	
400 IM		5:05.50	30-Jun-11	NGHX	Joseph P. Miley at Scottish Gas National Open Champs	
14-14		50 Free	26.91	25-May-14	NGHX	Daniel McNally at Dolphin Commonwealth Gala
		100 Free	57.11	8-Apr-09	NGHX	Greig G. RENNIE at Scottish National Age Group
	200 Free	2:07.43	8-Apr-09	NGHX	Greig G. RENNIE at Scottish National Age Group	
	400 Free	4:22.80	8-Apr-09	NGHX	Greig G. RENNIE at Scottish National Age Group	
	800 Free	9:05.36	8-Apr-09	NGHX	Greig G. RENNIE at Scottish National Age Group	
	1500 Free	17:07.98	29-May-09	NGHX	Greig G. RENNIE at No Frills Meet 2009	
	50 Back	29.79	30-Mar-16	NGHX	Max Hitchcox at Scottish National Age Group Championships 201	
	100 Back	1:03.83	11-Mar-16	NGHX	Max Hitchcox at Edinburgh International	
	200 Back	2:18.31	22-Jul-09	NGHX	Alastair J. Miley at British Gas ASA National AG Champs Meet	
	50 Breast	32.35	29-Mar-17	NGHX	Finley Cousins at Scottish National Age Group Championships	
	100 Breast	1:10.74	8-Apr-09	NGHX	Greig G. RENNIE at Scottish National Age Group	
	200 Breast	2:35.36	29-Jun-17	NGHX	Finley Cousins at Scottish National Open Championships	
	50 Fly	28.75	5-Mar-16	NGHX	Max Hitchcox at North District Age Group Championships	
	100 Fly	1:05.09	4-Feb-17	NGHX	Finley Cousins at North District Age Group Championships 2017	
	200 Fly	2:23.97	29-Jun-17	NGHX	Finley Cousins at Scottish National Open Championships	

RECORDS LCM RECORDS MALE

14-14	200 IM	2:24.18	30-Mar-16	NGHX	Max Hitchcox at Scottish National Age Group Championships 201	
	400 IM	5:00.57	29-Jun-17	NGHX	Finley Cousins at Scottish National Open Championships	
15-15	50 Free	26.63	30-Mar-16	NGHX	Nicholas Nightingale at Scottish National Age Group Championships 201	
	100 Free	56.50	8-Apr-10	NGHX	Greig G. Rennie at SNAGS	
	200 Free	2:01.15	8-Apr-10	NGHX	Greig G. Rennie at SNAGS	
	400 Free	4:21.50	31-May-13	NGHX	Joseph P. Miley at East District Open - SASA Grand Prix 2013	
	800 Free	9:01.86	10-Apr-13	NGHX	Joseph P. Miley at Scottish National Age Group	
	1500 Free	17:00.46	1-May-10	NGHX	Greig G. Rennie at COGST Open Age Group	
	50 Back	29.79	11-Mar-16	NGHX	Nicholas Nightingale at Edinburgh International	
	100 Back	1:03.40	10-Apr-13	NGHX	Joseph P. Miley at Scottish National Age Group	
	200 Back	2:13.58	31-May-13	NGHX	Joseph P. Miley at East District Open - SASA Grand Prix 2013	
	50 Breast	32.64	8-Apr-10	NGHX	Greig G. Rennie at SNAGS	
	100 Breast	1:10.77	28-Jul-09	NGHX	Greig G. RENNIE at British Gas ASA Youth & Senior Champs 09	
	200 Breast	2:33.57	8-Apr-10	NGHX	Greig G. Rennie at SNAGS	
	50 Fly	28.17	25-Jun-15	NGHX	Daniel McKenzie at Scottish National Open Championships	
	100 Fly	1:01.89	31-May-13	NGHX	Joseph P. Miley at East District Open - SASA Grand Prix 2013	
	200 Fly	2:20.28	22-Jun-10	NGHX	Alastair J. Miley at Scottish Gas National LC Open	
	200 IM	2:18.53	8-Apr-10	NGHX	Greig G. Rennie at SNAGS	
	400 IM	4:45.87	30-Jul-13	NGHX	Joseph P. Miley at ASA Youth - Open Championships	
	16-16	50 Free	25.86	25-Jun-15	NGHX	Daniel McNally at Scottish National Open Championships
		100 Free	55.85	29-Jan-11	NGHX	Robert Bryce at Scottish Schools
		200 Free	1:56.88	27-Jul-11	NGHX	Robert Bryce at ASA Nationals 2011
400 Free		4:12.90	30-Jun-11	NGHX	Robert Bryce at Scottish Gas National Open Champs	
800 Free		8:56.68	13-Jun-13	NGHX	Joseph P. Miley at Scottish Gas National Open Swimming Champs	
1500 Free		16:53.57	28-Feb-14	NGHX	Joseph P. Miley at SU International/Dave McCullagh Memorial Meet	
50 Back		30.08	3-Apr-14	NGHX	Findlay R. Douglas at Scottish Gas National Open Swimming Championship	
100 Back		1:02.29	5-Nov-11	NGHX	Alastair J. Miley at Firecracker Open 2011	
200 Back		2:09.19	5-Nov-11	NGHX	Alastair J. Miley at Firecracker Open 2011	
50 Breast		31.71	7-Dec-07	NGHX	JONAS C. WHITEHEAD at Dutch Open 2007	
100 Breast		1:09.36	10-Apr-08	NGHX	Jonas C. WHITEHEAD at Scottish National Age Group	
200 Breast		2:34.84	30-Oct-10	NGHX	Robert Bryce at Carnegie Long Course Open Winter Meet	
50 Fly		27.50	17-May-14	NGHX	Joseph P. Miley at Hunting Trophy Meet 2014	
100 Fly		1:00.87	3-Apr-14	NGHX	Joseph P. Miley at Scottish Gas National Open Swimming Champs	
200 Fly		2:10.87	25-Jun-14	NGHX	Joseph P. Miley at Scottish National Age Groups	
200 IM		2:14.09	5-Nov-11	NGHX	Alastair J. Miley at Firecracker Open 2011	
400 IM		4:38.20	5-Aug-14	NGHX	Joseph P. Miley at ASA Youth/Open	
17 & O		50 Free	24.58	25-Jun-14	NGHX	Gavin Haggerwood at Scottish National Age Groups
		100 Free	53.06	3-Apr-14	NGHX	Gavin Haggerwood at Scottish Gas National Open Swimming Champs
		200 Free	1:56.10	30-Jul-13	NGHX	Gavin Haggerwood at ASA Youth - Open Championships
	400 Free	4:07.58	30-Jul-13	NGHX	Gavin Haggerwood at ASA Youth - Open Championships	
	800 Free	8:42.97	31-Mar-12	NGHX	Robert Bryce at Scottish Gas National Age Group	
	1500 Free	16:40.94	2-Dec-11	NGHX	Robert Bryce at Dutch Olympic Trials	
	50 Back	28.07	5-Mar-16	NGHX	Gavin Haggerwood at North District Age Group Championships	
	100 Back	59.45	3-Apr-14	NGHX	Gavin Haggerwood at Scottish Gas National Open Swimming Champs	
	200 Back	2:06.90	15-Jul-15	NGHX	Alastair J. Miley at Irish Age Group & Summer Open Championships	
	50 Breast	30.35	25-Jun-09	NGHX	Jonas C. WHITEHEAD at Scottish Gas National Open Swimming Champs	
	100 Breast	1:06.05	28-Jul-09	NGHX	Jonas C. WHITEHEAD at British Gas ASA Youth & Senior Champs 09	
	200 Breast	2:29.96	8-Apr-09	NGHX	Jonas C. WHITEHEAD at Scottish National Age Group	
	50 Fly	25.87	31-Mar-15	NGHX	Gavin Haggerwood at Scottish National Age Groups	
	100 Fly	56.80	29-May-15	NGHX	Gavin Haggerwood at East District Open - SASA Grand Prix	
	200 Fly	2:06.02	10-Apr-14	NGHX	Alastair J. Miley at British Gas Championships - 2014	
	200 IM	2:08.20	11-Mar-16	NGHX	Gavin Haggerwood at Edinburgh International	
	400 IM	4:30.34	30-Jul-13	NGHX	Alastair J. Miley at ASA Youth - Open Championships	

RECORDS LCM RECORDS MALE