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**RECORDS LCM RECORDS MALE**
**LC Meters-Male**

8-8	50 Free	38.60	<b>25-May-14</b>	NGHX	Conrad Slessor at Dolphin Commonwealth Gala	
	100 Free	2:00.00	<b>31-Dec-05</b>		STANDARD	
	200 Free	5:00.00	<b>31-Dec-05</b>		STANDARD	
	50 Back	45.71	<b>25-May-14</b>	NGHX	Conrad Slessor at Dolphin Commonwealth Gala	
	100 Back	2:30.00	<b>31-Dec-05</b>		STANDARD	
	50 Breast	52.55	<b>25-May-14</b>	NGHX	Conrad Slessor at Dolphin Commonwealth Gala	
	100 Breast	3:00.00	<b>31-Dec-05</b>		STANDARD	
	50 Fly	51.56	<b>25-May-14</b>	NGHX	Conrad Slessor at Dolphin Commonwealth Gala	
9-9	50 Free	39.10	<b>25-May-14</b>	NGHX	Matthew Dick at Dolphin Commonwealth Gala	
	100 Free	3:00.00	<b>31-Dec-05</b>		STANDARD	
	200 Free	4:00.00	<b>31-Dec-05</b>		STANDARD	
	400 Free	8:00.00	<b>31-Dec-05</b>		STANDARD	
	800 Free	14:39.23	<b>13-Feb-05</b>		ANDREW BRYCE	
	50 Back	44.28	<b>8-Jan-05</b>	NGHX	ANDREW BRYCE	
	100 Back	3:00.00	<b>31-Dec-05</b>		STANDARD	
	200 Back	4:00.00	<b>31-Dec-05</b>		STANDARD	
	50 Breast	52.49	<b>8-Jan-05</b>		ANDREW BRYCE	
	100 Breast	3:00.00	<b>31-Dec-05</b>		STANDARD	
	50 Fly	44.81	<b>8-Jan-05</b>		ANDREW BRYCE	
	100 Fly	4:00.00	<b>31-Dec-05</b>		STANDARD	
	200 IM	4:00.00	<b>31-Dec-05</b>		STANDARD	
	400 IM	1:00.00	<b>31-Dec-05</b>		STANDARD	
10-10	50 Free	33.57	<b>18-Dec-15</b>	NGHX	Matthew Dick at Northampton Winter Festival	
	100 Free	1:11.28	<b>3-May-08</b>	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	200 Free	2:32.94	<b>3-May-08</b>	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	400 Free	5:25.93	<b>3-May-08</b>	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	800 Free	14:31.73	<b>13-Feb-05</b>		ALASTAIR MILEY	
	1500 Free	25:00.00	<b>31-Dec-05</b>		STANDARD	
	50 Back	38.16	<b>26-Jun-08</b>	NGHX	Joseph P. Miley at Scottish National Open Championships	
	100 Back	1:29.03	<b>29-May-05</b>		ALASTAIR MILEY	
	200 Back	2:40.90	<b>26-Jun-08</b>	NGHX	Joseph P. Miley at Scottish National Open Championships	
	50 Breast	46.26	<b>3-May-08</b>	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	100 Breast	1:37.95	<b>3-May-08</b>	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	200 Breast	3:56.97	<b>1-May-10</b>	NGHX	Owen Robinson at COGST Open Age Group	
	50 Fly	38.40	<b>3-May-08</b>	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	100 Fly	1:28.18	<b>3-May-08</b>	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	200 Fly	3:13.12	<b>3-May-08</b>	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	200 IM	2:55.42	<b>3-May-08</b>	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	11-11	50 Free	32.31	<b>15-Nov-08</b>	NGHX	Joseph P. Miley at Portobello LC Prize Meet - L2
		100 Free	1:06.13	<b>22-Jul-09</b>	NGHX	Joseph P. Miley at British Gas ASA National AG Champs Meet
		200 Free	2:23.64	<b>29-May-09</b>	NGHX	Joseph P. Miley at No Frills Meet 2009
		400 Free	4:57.44	<b>22-Jul-09</b>	NGHX	Joseph P. Miley at British Gas ASA National AG Champs Meet
800 Free		13:09.72	<b>13-Feb-05</b>		SIDNEY WRIGHT	
1500 Free		25:00.00	<b>31-Dec-05</b>		STANDARD	
50 Back		35.96	<b>29-May-09</b>	NGHX	Joseph P. Miley at No Frills Meet 2009	
100 Back		1:12.97	<b>22-Jul-09</b>	NGHX	Joseph P. Miley at British Gas ASA National AG Champs Meet	
200 Back		2:31.06	<b>22-Jul-09</b>	NGHX	Joseph P. Miley at British Gas ASA National AG Champs Meet	
50 Breast		42.86	<b>13-Feb-09</b>	NGHX	Joseph P. Miley at Edinburgh Int Age Group -L1	
100 Breast		1:31.44	<b>13-Feb-09</b>	NGHX	Joseph P. Miley at Edinburgh Int Age Group -L1	
200 Breast		3:15.44	<b>13-Feb-09</b>	NGHX	Joseph P. Miley at Edinburgh Int Age Group -L1	
50 Fly		34.51	<b>29-May-09</b>	NGHX	Joseph P. Miley at No Frills Meet 2009	

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11-11	100 Fly	1:17.60	<b>13-Feb-09</b>	NGHX	Joseph P. Miley at Edinburgh Int Age Group -L1	
	200 Fly	2:48.34	<b>9-Dec-06</b>	NGHX	ALASTAIR J. MILEY at COSS Winter Distance Meet	
	200 IM	2:37.91	<b>22-Jul-09</b>	NGHX	Joseph P. Miley at British Gas ASA National AG Champs Meet	
	400 IM	5:41.47	<b>29-May-09</b>	NGHX	Joseph P. Miley at No Frills Meet 2009	
12-12	50 Free	30.25	<b>30-Oct-10</b>	NGHX	Joseph P. Miley at Carnegie Long Course Open Winter Meet	
	100 Free	1:03.54	<b>3-May-08</b>	NGHX	Andrew A. BRYCE at City of Glasgow Open Meet 2008	
	200 Free	2:16.32	<b>3-May-08</b>	NGHX	Andrew A. BRYCE at City of Glasgow Open Meet 2008	
	400 Free	4:48.55	<b>3-May-08</b>	NGHX	Andrew A. BRYCE at City of Glasgow Open Meet 2008	
	800 Free	10:07.22	<b>1-May-10</b>	NGHX	Joseph P. Miley at COGST Open Age Group	
	1500 Free	18:59.96	<b>1-May-10</b>	NGHX	Joseph P. Miley at COGST Open Age Group	
	50 Back	35.00	<b>28-Jul-10</b>	NGHX	Joseph P. Miley at ASA Age Group Championships 2010	
	100 Back	1:11.83	<b>22-Jun-10</b>	NGHX	Joseph P. Miley at Scottish Gas National LC Open	
	200 Back	2:28.30	<b>28-Jul-10</b>	NGHX	Joseph P. Miley at ASA Age Group Championships 2010	
	50 Breast	33.89	<b>5-Mar-16</b>	NGHX	Finley Cousins at North District Age Group Championships	
	100 Breast	1:18.12	<b>30-Mar-16</b>	NGHX	Finley Cousins at Scottish National Age Group Championships 201	
	200 Breast	2:53.38	<b>30-Mar-16</b>	NGHX	Finley Cousins at Scottish National Age Group Championships 201	
	50 Fly	31.49	<b>5-Mar-16</b>	NGHX	Finley Cousins at North District Age Group Championships	
	100 Fly	1:12.61	<b>28-Jul-10</b>	NGHX	Joseph P. Miley at ASA Age Group Championships 2010	
	200 Fly	2:35.96	<b>28-Jul-10</b>	NGHX	Joseph P. Miley at ASA Age Group Championships 2010	
	200 IM	2:35.37	<b>22-Jun-10</b>	NGHX	Joseph P. Miley at Scottish Gas National LC Open	
	400 IM	5:24.99	<b>8-Apr-10</b>	NGHX	Joseph P. Miley at SNAGS	
	13-13	50 Free	28.07	<b>29-Mar-17</b>	NGHX	Ben Barclay at Scottish National Age Group Championships
		100 Free	1:00.23	<b>29-Mar-17</b>	NGHX	Ben Barclay at Scottish National Age Group Championships
200 Free		2:10.40	<b>7-Jul-17</b>	NGHX	Ben Barclay at Scottish Summer Meet	
400 Free		4:33.62	<b>29-Mar-17</b>	NGHX	Ben Barclay at Scottish National Age Group Championships	
800 Free		9:28.79	<b>7-Apr-11</b>	NGHX	Joseph P. Miley at Scottish National Age Group	
1500 Free		18:04.38	<b>7-Jul-17</b>	NGHX	Ben Barclay at Scottish Summer Meet	
50 Back		32.67	<b>5-Apr-15</b>	NGHX	Max Hitchcox at Scottish National Age Groups	
100 Back		1:06.30	<b>10-Apr-13</b>	NGHX	Spencer O'Grady at Scottish National Age Group	
200 Back		2:21.48	<b>30-Jun-11</b>	NGHX	Joseph P. Miley at Scottish Gas National Open Champs	
50 Breast		33.86	<b>15-Jul-16</b>	NGHX	Finley Cousins at Scottish Summer Meet	
100 Breast		1:10.69	<b>19-Oct-08</b>	NGHX	Andrew A. BRYCE at ASA County Championships	
200 Breast		2:45.31	<b>29-Mar-17</b>	NGHX	Ben Barclay at Scottish National Age Group Championships	
50 Fly		30.56	<b>15-Jul-16</b>	NGHX	Finley Cousins at Scottish Summer Meet	
100 Fly		1:09.48	<b>15-Jul-16</b>	NGHX	Finley Cousins at Scottish Summer Meet	
200 Fly		2:30.09	<b>15-Nov-08</b>	NGHX	Alastair J. Miley at Portobello LC Prize Meet - L2	
200 IM		2:28.13	<b>29-Mar-17</b>	NGHX	Ben Barclay at Scottish National Age Group Championships	
400 IM		5:05.50	<b>30-Jun-11</b>	NGHX	Joseph P. Miley at Scottish Gas National Open Champs	
14-14	50 Free	26.91	<b>25-May-14</b>	NGHX	Daniel McNally at Dolphin Commonwealth Gala	
	100 Free	57.11	<b>8-Apr-09</b>	NGHX	Greig G. RENNIE at Scottish National Age Group	
	200 Free	2:07.43	<b>8-Apr-09</b>	NGHX	Greig G. RENNIE at Scottish National Age Group	
	400 Free	4:22.80	<b>8-Apr-09</b>	NGHX	Greig G. RENNIE at Scottish National Age Group	
	800 Free	9:05.36	<b>8-Apr-09</b>	NGHX	Greig G. RENNIE at Scottish National Age Group	
	1500 Free	17:07.98	<b>29-May-09</b>	NGHX	Greig G. RENNIE at No Frills Meet 2009	
	50 Back	29.79	<b>30-Mar-16</b>	NGHX	Max Hitchcox at Scottish National Age Group Championships 201	
	100 Back	1:03.83	<b>11-Mar-16</b>	NGHX	Max Hitchcox at Edinburgh International	
	200 Back	2:18.31	<b>22-Jul-09</b>	NGHX	Alastair J. Miley at British Gas ASA National AG Champs Meet	
	50 Breast	32.04	<b>25-Jul-17</b>	NGHX	Finley Cousins at British Summer Championships	
	100 Breast	1:10.60	<b>25-Jul-17</b>	NGHX	Finley Cousins at British Summer Championships	
	200 Breast	2:35.36	<b>29-Jun-17</b>	NGHX	Finley Cousins at Scottish National Open Championships	
	50 Fly	28.75	<b>5-Mar-16</b>	NGHX	Max Hitchcox at North District Age Group Championships	
	100 Fly	1:03.89	<b>7-Jul-17</b>	NGHX	Finley Cousins at Scottish Summer Meet	
	200 Fly	2:23.97	<b>29-Jun-17</b>	NGHX	Finley Cousins at Scottish National Open Championships	

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14-14	200 IM	2:24.18	<b>30-Mar-16</b>	NGHX	Max Hitchcox at Scottish National Age Group Championships 201
	400 IM	5:00.57	<b>29-Jun-17</b>	NGHX	Finley Cousins at Scottish National Open Championships
15-15	50 Free	26.63	<b>30-Mar-16</b>	NGHX	Nicholas Nightingale at Scottish National Age Group Championships 201
	100 Free	56.50	<b>8-Apr-10</b>	NGHX	Greig G. Rennie at SNAGS
	200 Free	2:01.15	<b>8-Apr-10</b>	NGHX	Greig G. Rennie at SNAGS
	400 Free	4:21.50	<b>31-May-13</b>	NGHX	Joseph P. Miley at East District Open - SASA Grand Prix 2013
	800 Free	9:01.86	<b>10-Apr-13</b>	NGHX	Joseph P. Miley at Scottish National Age Group
	1500 Free	17:00.46	<b>1-May-10</b>	NGHX	Greig G. Rennie at COGST Open Age Group
	50 Back	29.79	<b>11-Mar-16</b>	NGHX	Nicholas Nightingale at Edinburgh International
	100 Back	1:03.40	<b>10-Apr-13</b>	NGHX	Joseph P. Miley at Scottish National Age Group
	200 Back	2:13.58	<b>31-May-13</b>	NGHX	Joseph P. Miley at East District Open - SASA Grand Prix 2013
	50 Breast	32.64	<b>8-Apr-10</b>	NGHX	Greig G. Rennie at SNAGS
	100 Breast	1:10.77	<b>28-Jul-09</b>	NGHX	Greig G. RENNIE at British Gas ASA Youth & Senior Champs 09
	200 Breast	2:33.57	<b>8-Apr-10</b>	NGHX	Greig G. Rennie at SNAGS
	50 Fly	28.17	<b>25-Jun-15</b>	NGHX	Daniel McKenzie at Scottish National Open Championships
	100 Fly	1:01.89	<b>31-May-13</b>	NGHX	Joseph P. Miley at East District Open - SASA Grand Prix 2013
	200 Fly	2:20.28	<b>22-Jun-10</b>	NGHX	Alastair J. Miley at Scottish Gas National LC Open
	200 IM	2:18.53	<b>8-Apr-10</b>	NGHX	Greig G. Rennie at SNAGS
	400 IM	4:45.87	<b>30-Jul-13</b>	NGHX	Joseph P. Miley at ASA Youth - Open Champinships
	16-16	50 Free	25.86	<b>25-Jun-15</b>	NGHX
100 Free		55.85	<b>29-Jan-11</b>	NGHX	Robert Bryce at Scottish Schools
200 Free		1:56.88	<b>27-Jul-11</b>	NGHX	Robert Bryce at ASA Nationals 2011
400 Free		4:12.90	<b>30-Jun-11</b>	NGHX	Robert Bryce at Scottish Gas National Open Champs
800 Free		8:56.68	<b>13-Jun-13</b>	NGHX	Joseph P. Miley at Scottish Gas National Open Swimming Champs
1500 Free		16:53.57	<b>28-Feb-14</b>	NGHX	Joseph P. Miley at SU International/Dave McCullagh Memorial Meet
50 Back		30.08	<b>3-Apr-14</b>	NGHX	Findlay R. Douglas at Scottish Gas National Open Swimming Championships
100 Back		1:02.29	<b>5-Nov-11</b>	NGHX	Alastair J. Miley at Firecracker Open 2011
200 Back		2:09.19	<b>5-Nov-11</b>	NGHX	Alastair J. Miley at Firecracker Open 2011
50 Breast		31.71	<b>7-Dec-07</b>	NGHX	JONAS C. WHITEHEAD at Dutch Open 2007
100 Breast		1:09.36	<b>10-Apr-08</b>	NGHX	Jonas C. WHITEHEAD at Scottish National Age Group
200 Breast		2:34.84	<b>30-Oct-10</b>	NGHX	Robert Bryce at Carnegie Long Course Open Winter Meet
50 Fly		27.50	<b>17-May-14</b>	NGHX	Joseph P. Miley at Hunting Trophy Meet 2014
100 Fly		1:00.87	<b>3-Apr-14</b>	NGHX	Joseph P. Miley at Scottish Gas National Open Swimming Champs
200 Fly		2:10.87	<b>25-Jun-14</b>	NGHX	Joseph P. Miley at Scottish National Age Groups
200 IM		2:14.09	<b>5-Nov-11</b>	NGHX	Alastair J. Miley at Firecracker Open 2011
400 IM		4:38.20	<b>5-Aug-14</b>	NGHX	Joseph P. Miley at ASA Youth/Open
17 & 0		50 Free	24.58	<b>25-Jun-14</b>	NGHX
	100 Free	53.06	<b>3-Apr-14</b>	NGHX	Gavin Haggerwood at Scottish Gas National Open Swimming Champs
	200 Free	1:56.10	<b>30-Jul-13</b>	NGHX	Gavin Haggerwood at ASA Youth - Open Champinships
	400 Free	4:07.58	<b>30-Jul-13</b>	NGHX	Gavin Haggerwood at ASA Youth - Open Champinships
	800 Free	8:42.97	<b>31-Mar-12</b>	NGHX	Robert Bryce at Scottish Gas National Age Group
	1500 Free	16:40.94	<b>2-Dec-11</b>	NGHX	Robert Bryce at Dutch Olympic Trials
	50 Back	28.07	<b>5-Mar-16</b>	NGHX	Gavin Haggerwood at North District Age Group Championships
	100 Back	59.45	<b>3-Apr-14</b>	NGHX	Gavin Haggerwood at Scottish Gas National Open Swimming Champs
	200 Back	2:06.90	<b>15-Jul-15</b>	NGHX	Alastair J. Miley at Irish Age Group & Summer Open Championships
	50 Breast	30.35	<b>25-Jun-09</b>	NGHX	Jonas C. WHITEHEAD at Scottish Gas National Open Swimming Champs
	100 Breast	1:06.05	<b>28-Jul-09</b>	NGHX	Jonas C. WHITEHEAD at British Gas ASA Youth & Senior Champs 09
	200 Breast	2:29.96	<b>8-Apr-09</b>	NGHX	Jonas C. WHITEHEAD at Scottish National Age Group
	50 Fly	25.87	<b>31-Mar-15</b>	NGHX	Gavin Haggerwood at Scottish National Age Groups
	100 Fly	56.80	<b>29-May-15</b>	NGHX	Gavin Haggerwood at East District Open - SASA Grand Prix
	200 Fly	2:06.02	<b>10-Apr-14</b>	NGHX	Alastair J. Miley at British Gas Championships - 2014
	200 IM	2:08.20	<b>11-Mar-16</b>	NGHX	Gavin Haggerwood at Edinburgh International
	400 IM	4:30.34	<b>30-Jul-13</b>	NGHX	Alastair J. Miley at ASA Youth - Open Champinships

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