



**Scottish  
Swimming**



#ScotSM19

**2019**

**SCOTTISH**

**SUMMER MEET**

(Under FINA Rules & Scottish Swimming Regulations)

**Royal Commonwealth Pool  
Edinburgh**

**11<sup>th</sup> – 14<sup>th</sup> July 2019**

(Licence No. L1/584/SS/JUL19)



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## VENUE DETAILS, SESSION TIMES, EVENTS & ELIGIBILITY INFORMATION

**Venue:** Royal Commonwealth Pool, Edinburgh Tel: 0131 667 7211  
**Pool:** 8 lane x 50 metre (Full electronic timing)  
 Separate 6 lane x 25m warm-up and swim-down facility  
**Meet Promoters:** SASA National Swimming Committee

### Session Times

<b>Thursday</b>	<b>Evening Session</b>	Warm Up:	15.30
		Start:	16.20
<b>Friday – Sunday</b>	<b>Morning Heats</b>	Warm Up:	08.00
		Start:	09.00
	<b>Afternoon Heats</b>	Warm Up:	12.15
		Start:	13.05
	<b>Evening Finals</b>	Warm Up:	16.00
		Start:	16.50

NB. Session start times may be adjusted once all entries have been received and processed.  
 Any new session times will be notified with confirmation of acceptances.

### Events

#### Youth and Age Group Events

<b>Boys and Girls:</b> 12/13,14,15,16 and 17/18	Heats swum on Thursday evening
800m Freestyle 400m Individual Medley	Heat Declared Winner

#### Youth Events

<b>Boys &amp; Girls:</b> 15, 16 and 17/18 years	Heats swum in the morning sessions
50m Freestyle, Backstroke, Breaststroke, Butterfly 100m Freestyle, Backstroke, Breaststroke, Butterfly 200m Individual Medley 200m Freestyle, Backstroke, Breaststroke, Butterfly 400m Freestyle	Heats and Finals
1500m Freestyle	Heat Declared Winner

#### Age Group Events

<b>Boys &amp; Girls:</b> 12/13 and 14 years	Heats swum in the afternoon sessions
50m Freestyle, Backstroke, Breaststroke, Butterfly 100m Freestyle, Backstroke, Breaststroke, Butterfly 200m Individual Medley	Heats and Finals
200m Freestyle, Backstroke, Breaststroke, Butterfly 400m Freestyle, 1500m Freestyle	Heat Declared Winner

Age as at 31 December 2019

## PROGRAMME OF EVENTS

Thursday 11 July 2019	Friday 12 July 2019	Saturday 13 July 2019	Sunday 14 July 2019
	<b>Session 2</b>	<b>Session 5</b>	<b>Session 8</b>
	<b>Warm Up: 08.00 Start: 09.00</b>	<b>Warm Up: 08.00 Start: 09.00</b>	<b>Warm Up: 08.00 Start: 09.00</b>
	<b>Boys &amp; Girls: 15: 16: 17/18</b>	<b>Boys &amp; Girls: 15: 16: 17/18</b>	<b>Boys &amp; Girls: 15: 16: 17/18</b>
	Girls 100m Freestyle Boys 50m Freestyle Girls 200m Butterfly Boys 200m Backstroke Girls 200m Individual Medley Boys 100m Butterfly Girls 50m Backstroke Boys 50m Breaststroke Girls 100m Breaststroke Boys 400m Freestyle Girls 400m Freestyle	Boys 200m Butterfly Girls 50m Freestyle Boys 100m Freestyle Girls 200m Backstroke Boys 100m Breaststroke Girls 100m Butterfly Boys 200m Individual Medley Girls 50m Breaststroke Boys 50m Backstroke Girls 1500m Freestyle HDW	Boys 50m Butterfly Girls 50m Butterfly Boys 200m Freestyle Girls 200m Freestyle Boys 100m Backstroke Girls 100m Backstroke Boys 200m Breaststroke Girls 200m Breaststroke Boys 1500m Freestyle HDW
	<b>Session 3</b>	<b>Session 6</b>	<b>Session 9</b>
	<b>Warm Up: 12.15 Start: 13.05</b>	<b>Warm Up: 12.15 Start: 13.05</b>	<b>Warm Up: 12.15 Start: 13.05</b>
	<b>Boys &amp; Girls: 12/13: 14</b>	<b>Boys &amp; Girls: 12/13: 14</b>	<b>Boys &amp; Girls: 12/13: 14</b>
	Girls 100m Freestyle Boys 50m Freestyle Girls 200m Butterfly HDW Boys 200m Backstroke HDW Girls 200m Individual Medley Boys 100m Butterfly Girls 50m Backstroke Boys 50m Breaststroke Girls 100m Breaststroke Boys 400m Freestyle HDW Girls 400m Freestyle HDW	Boys 200m Butterfly HDW Girls 50m Freestyle Boys 100m Freestyle Girls 200m Backstroke HDW Boys 100m Breaststroke Girls 100m Butterfly Boys 200m Individual Medley Girls 50m Breaststroke Boys 50m Backstroke Girls 1500m Freestyle HDW	Boys 50m Butterfly Girls 50m Butterfly Boys 200m Freestyle HDW Girls 200m Freestyle HDW Boys 100m Backstroke Girls 100m Backstroke Boys 200m Breaststroke HDW Girls 200m Breaststroke HDW Boys 1500m Freestyle HDW
<b>Session 1</b>	<b>Session 4 – Finals</b>	<b>Session 7 – Finals</b>	<b>Session 10 - Finals</b>
<b>Warm Up: 15.30 Start: 16.20</b>	<b>Warm Up: 16.00 Start: 16.50</b>	<b>Warm Up: 16.00 Start: 16.50</b>	<b>Warm Up: 16.00 Start: 16.50</b>
Girls 400m Individual Medley HDW Boys 400m Individual Medley HDW Girls 800m Freestyle HDW Boys 800m Freestyle HDW	Girls 100m Freestyle Boys 50m Freestyle Girls 200m Butterfly 15, 16, 17/18 Boys 200m Backstroke 15, 16, 17/18 Girls 200m Individual Medley Boys 100m Butterfly Girls 50m Backstroke Boys 50m Breaststroke Girls 100m Breaststroke Boys 400m Freestyle 15, 16, 17/18 Girls 400m Freestyle 15, 16, 17/18	Boys 200m Butterfly 15, 16, 17/18 Girls 50m Freestyle Boys 100m Freestyle Girls 200m Backstroke 15, 16,17/18 Boys 100m Breaststroke Girls 100m Butterfly Boys 200m Individual Medley Girls 50m Breaststroke Boys 50m Backstroke	Boys 50m Butterfly Girls 50m Butterfly Boys 200m Freestyle 15, 16, 17/18 Girls 200m Freestyle 15, 16, 17/18 Boys 100m Backstroke Girls 100m Backstroke Boys 200m Breaststroke 15, 16,17/18 Girls 200m Breaststroke 15, 16, 17/18

**Finals will be swum from youngest to oldest age groups**

## ELIGIBILITY TO COMPETE

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- Entries will be limited to swimmers who are ranked with a Scottish club or team or who have indicated by **midnight on 1 May 2019** that they wish to compete at the Scottish Summer Meet and are affiliated with a Scottish club or team or with SASA as a non-residential Scottish swimmer.
- Age Groups are as at 31 December 2019.

## INVITATIONS TO COMPETE AND CHAMPIONSHIPS/MEET OPT OUT

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- Swimmers will be invited to participate in the British Summer Championships and the Home Nation Summer Meets based on long course times achieved at accredited meets and posted onto the British Swimming rankings in a qualification window between **22 March 2019 and 27 May 2019**.
- The top 24 ranked British swimmers (18 for 800m and 1500m events) in each age group will be invited to participate in the British Summer Championships.
- Swimmers who do not qualify in an event for the British Summer Championships will be considered for selection to the relevant Home Country Meet (England, Scotland or Wales), based on ranking club.
- Swimmers with a non Scottish ranking club, but who are eligible to compete in the Scottish Summer Meet, and wish instead to be invited on the basis of country of representation must email [HNMeetChoice@swimming.org](mailto:HNMeetChoice@swimming.org) with their name, date of birth, membership number, and current ranked club and registered Country of Representation, and then clearly state their wish to be ranked by their Country of International Representation in relation to the Home Nation Summer Meets. **This needs to be done no later than midnight on 1 May 2019.**
- Swimmers can check their details using the following link:  
<https://www.swimmingresults.org/membershipcheck/>
- In 2019, British Swimming along with the Home Nations will again be providing 'opt out' options for the domestic summer meets as detailed below.
- We are aware that there are always swimmers who compete in the window, but then for a variety of reasons decide they do not want to compete, or are unavailable to race in the above summer meets.
- We are encouraging these swimmers to let us know if they do not want to receive an invite to these competitions. This will help improve the number of swimmers accepting the invitation to compete and also open up the summer meets to a wider group of swimmers.
- To opt out, swimmers should email British Swimming at [HNMeetChoice@swimming.org](mailto:HNMeetChoice@swimming.org) with one of the options below. **The window to do this will close on 14 June 2019.**
- Swimmers can -
  1. **Opt out of all invites**
  2. **Opt out of 2019 British invite (but will be available for Home Country Meet)**
  3. **Opt out of 2019 Home Country invite (but available for British Championships)**
- Invitations to enter the British Summer Championships will open in early June and entries will be accepted until 14 June. Entries will be managed through the British Swimming entry portal.
- Where initially invited swimmers elect not to enter an event at the British Summer Championships that they have been invited to, vacancies will be created and further swimmers will be invited. This second round of invitations will open for entry on 16 June.
- Once the second round of entries to the British Summer Championships has opened, the next ranked swimmers by event in each age group, that are eligible to enter the Home Country Meets, will then receive invitations to take part.
- Invitations to enter the Home Country Summer Meets will be published on 17 June.

## ENTRIES

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- For the Scottish Summer Meet, the numbers to be invited in each age group will be as follows:
  - 800m / 1500m Freestyle 10
  - 200m Breaststroke & Butterfly 15
  - 400m Freestyle & Individual Medley 15
  - All other events 20
- The names of swimmers invited to the Scottish Summer Meet, and the events in which they have qualified, will be posted on the British Swimming / Scottish Swimming websites on **17 June 2019** and entries will open on that day.
- Clubs should indicate their swimmer's intention to swim, via the online portal, and pay the appropriate entry fee, by **midnight on 29 June 2019**.
- All invited swimmers will be guaranteed a swim. There will be no reserves in the heats or HDW events.
- Swimmers will not be eligible to swim in the Scottish Summer Meet in any event in which they have been invited to compete at the British Summer Championships.
- Entry fees - **£10.00 per event**
- Payments should be made on-line. No entries will be accepted without the correct fee. Entry fees will not be refunded following confirmation of entry.
- In the event of entry queries please contact:  
Scottish Swimming, Airthrey Castle, University of Stirling, FK9 4LA  
Telephone: 01786 466520  
Email: [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com)

## WITHDRAWALS / GENERAL INFORMATION

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**Heats** - Any withdrawals or amendments prior to the first day of the Meet should be notified to [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com) by email providing full details (Name, Event No. entry time and Event rank no.) or on the designated withdrawal form.

Withdrawals for Session 1 should be notified by email [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com) no later than **12.00 noon, Thursday 11 July 2019**.

Withdrawals including HDW events for Sessions 2, 5, and 8 (morning sessions) not previously notified should be lodged at the Recorder's Desk no later than 18.00 on the day prior to the event. Withdrawals for Sessions 3, 6, and 9 (afternoon sessions) including HDW events not previously notified should be lodged at the Recorder's Desk no later than 10.00 am on day of the event.

**Subsequent late withdrawals must be notified by the coach/team manager to the call room marshal no later than 15 minutes in advance of the appropriate swim.**

**Finals** - Should a swimmer wish to withdraw from a Final (including reserves), they must inform the Recorders in writing on the appropriate form within 30 minutes of finalist's lists having been published or announced. Swimmers who fail to appear for Finals may be subject to further disciplinary action.

Any competitor withdrawing from a Final in such a manner as to prevent a reserve taking part (except in the case of a genuine illness or proven emergency), shall be suspended immediately from all further events at the Meet). Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane – there will be no re-seeding.

**Swimmers Passes** - All swimmers participating in the Meet will be issued with a pass which will allow them access to the changing village, designated seating areas and poolside (swimmers are not required to submit photographs). Within the venue, swimmers must wear their accreditation pass and have it visible at all times.

### **Swimwear**

British Swimming and ASA advise that FINA BL8.1 only applies to Olympic Games and FINA events. A suit check will only be made if a World or European record is claimed. There is no requirement for officials to check that costumes are on the approved FINA list. Bylaws BL 8.2 and BL 8.3 cover our requirement for design and material.

**SW8.0 Scottish Swimming Rules**  
**SW8.8 Swimwear Policy**

SW8.8.1 For events held under the direct jurisdiction and control of Scottish Swimming the Scottish Swimming "Swimwear Policy" shall apply. This policy is included in full in SW Appendix 1.

**Drug Testing** - Please note that drug testing may be in operation at any Scottish event.

**Awards & Presentations** - No formal presentations will be made at this event and finals will be swum continuously. However, there will be a presentation area set up off Field of Play where swimmers will be presented with their medals and photos can be taken. Further detailed information will be made available with the coaches pack.

**Event Regulations** - Entry and Entries to all events is expressly subject to the Event Regulations on our website which can be found [here](#) and may, where appropriate, also require compliance with the facility provider's regulations.

Scottish Swimming reserves absolutely the right to eject from events any person failing to comply with each and all of the Event Regulations.

**Media & Photography Information** - Throughout this event Scottish Swimming will have a number of authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities and may include live streaming on the internet. Images will be made available to our media partners and uploaded to our website and our social network sites.

Should any competitor wish not to be photographed please [complete this form](#). If at any time a competitor wishes a image to be removed from our website, 7 days' notice must be given to Scottish Swimming.



## TEAM STAFF INFORMATION

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### Training Prior to the Meet

It may be possible to arrange some training times directly with the pool on Thursday 11 July 2019. This will be subject to availability. Please contact The Duty Manager, Royal Commonwealth Pool on 0131 667 7211.

### Team Staff Meals

You can purchase meal passes at a cost of £20.00 per person per day which entitles you to a light lunch after the morning session and a two course meal between the afternoon and evening session. Please click [here](#) to submit this information along with your entry details.

### Poolside Pass Information/ Accreditation

Coaches/Team Managers/Chaperones who are not in possession of an Annual Pass may purchase an Full Meet or Day Pass for the Championship, the fee for which is:

**Full Meet £25.00 (3 day access)**

**Day Pass £10.00 (Access is only granted on the day the pass has been purchased for)**

**Scottish Swimming Members - [How to apply for a pass!](#)**

**Non Scottish Swimming Members - [How to apply for a pass!](#)**

Lost/replacement passes will be charged a fee of £10.00 for the issue of a temporary pass.

A pass is required for any coach/chaperone/team manager wishing to be poolside, and entitles you to entry for the whole of the Meet, poolside access, start & result sheets, complimentary tea, coffee and soft drinks in the specified area. Without a valid pass any coach/chaperone/team manager will NOT be permitted on poolside.

All passes must be worn by all team personnel and made visible at all times.

### Applying for a Pass

- All applications must be submitted online at <http://www.scottishswimming.com/compete/swimming/national-events.aspx>
- **Please Note: All Team Staff must be confirmed by the Head Club/Team Coach as detailed on the online application form**
- All applicants MUST be Disclosure Scotland/PVG/CRB checked through either: Scottish Swimming/Swim England/Swim Wales. It is the responsibility of the Club/Coach to ensure that, if they require their swimmers to have coach/chaperone representation on the poolside, their application is made in good time and that the relevant PVG/Criminal Records Bureau(CRB)/Disclosure & Barring Service(DBS) forms have been completed and sent to the Scottish Swimming/Swim England/Swim Wales office(s)
- Scottish Swimming will not issue any Poolside Pass unless a person has a valid Disclosure Certificate/PVG/CRB through the Scottish Swimming/Swim England/Swim Wales. In-line with current legislation, valid Disclosure Certificates/PVG/CRB from any other agency, will not be accepted. If you have any queries regarding PVG/CRB certification, please contact your Governing Body or Scottish Swimming via email to [childprotection@scottishswimming.com](mailto:childprotection@scottishswimming.com)
- Team Staff applying for passes from outside the UK should make arrangements for their National Governing Body to forward a letter of declaration to the CEO of Scottish Swimming that all applicants have conformed with their 'home country's' policy concerning child protection; Passes will not be issued without such a letter
- Applicants must submit one recent photograph (jpeg format). This can be done once the order is completed on the website. Previous applicants need not submit a photograph unless their appearance has changed dramatically or they wish to update the photograph held on file. Photographs should be taken under the same rules regarding passport photographs
- Passes will be emailed direct to members to print themselves. Plastic wallets will be available for collection from the Information Desk at Front of House at our Scottish Swimming National Events

**Applications close on 3<sup>rd</sup> July 2019**

**Please Note: Any late applications may be considered and will be charged £45.00 per pass**