
RECORDS LCM RECORDS FEMALE
LC Meters-Female

8-8	50 Free	1:00.00	28-Feb-05		STANDARD
	100 Free	2:00.00	27-Dec-05		STANDARD
	200 Free	5:00.00	27-Dec-05		STANDARD
	50 Back	1:00.00	31-Dec-05		STANDARD
	100 Back	2:00.00	31-Dec-05		STANDARD
	50 Breast	1:30.00	31-Dec-05		STANDARD
	100 Breast	2:30.00	31-Dec-05		STANDARD
	50 Fly	1:30.00	31-Dec-05		STANDARD
9-9	50 Free	39.86	8-Jan-05		CHLOE WEST
	100 Free	1:34.62	1-May-10	NGHX	Chloe C. Grant at COGST Open Age Group
	200 Free	3:29.65	1-May-10	NGHX	Chloe C. Grant at COGST Open Age Group
	400 Free	8:00.00	31-Dec-05		STANDARD
	800 Free	15:56.25	13-Feb-05		IMOGEN JONES
	50 Back	46.63	8-Jan-05		IMOGEN JONES
	100 Back	1:41.80	1-May-10	NGHX	Chloe C. Grant at COGST Open Age Group
	200 Back	4:00.00	31-Dec-05		STANDARD
	50 Breast	55.12	8-Jan-05		LORNA STEWART
	100 Breast	2:00.00	31-Dec-05		STANDARD
	200 Breast	4:30.00	31-Dec-05		STANDARD
	50 Fly	51.81	1-May-10	NGHX	Chloe C. Grant at COGST Open Age Group
	100 Fly	1:52.97	1-May-10	NGHX	Chloe C. Grant at COGST Open Age Group
	200 IM	4:30.00	31-Dec-05		STANDARD
	400 IM	12:00.00	31-Dec-05		STANDARD
10-10	50 Free	32.62	25-May-14	NGHX	Anya Slessor at Dolphin Commonwealth Gala
	100 Free	1:15.81	20-May-06	NGHX	LORNA STEWART at Glasgow LC Open Age Group
	200 Free	2:39.43	20-May-06	NGHX	EMILY B. JONES at Glasgow LC Open Age Group
	400 Free	7:00.00	31-Dec-05		STANDARD
	800 Free	14:43.13	13-Feb-05		PHOEBE WHITEHEAD
	1500 Free	35:00.00	31-Dec-05		STANDARD
	50 Back	38.72	25-May-14	NGHX	Anya Slessor at Dolphin Commonwealth Gala
	100 Back	1:23.30	20-May-06	NGHX	EMILY B. JONES at Glasgow LC Open Age Group
	200 Back	2:55.49	20-May-06	NGHX	EMILY B. JONES at Glasgow LC Open Age Group
	50 Breast	42.02	25-May-14	NGHX	Anya Slessor at Dolphin Commonwealth Gala
	100 Breast	1:36.07	20-May-06	NGHX	EMILY B. JONES at Glasgow LC Open Age Group
	200 Breast	3:25.29	20-May-06	NGHX	EMILY B. JONES at Glasgow LC Open Age Group
	50 Fly	37.19	25-May-14	NGHX	Anya Slessor at Dolphin Commonwealth Gala
	100 Fly	1:25.89	17-May-14	NGHX	Anya Slessor at Hunting Trophy Meet 2014
	200 Fly	3:19.63	29-Jun-06	NGHX	EMILY B. JONES at Scottish National Open Champs 2006
	200 IM	2:57.21	29-Jun-06	NGHX	EMILY B. JONES at Scottish National Open Champs 2006
	400 IM	10:00.00	31-Dec-05		STANDARD
11-11	50 Free	30.15	31-Mar-15	NGHX	Anya Slessor at Scottish National Age Groups
	100 Free	1:07.71	28-Jun-07	NGHX	EMILY B. JONES at Scottish National Open Champs 2007
	200 Free	2:26.89	12-Apr-07	NGHX	EMILY B. JONES at Scottish National Age Groups 2007
	400 Free	5:03.07	23-Jul-07	NGHX	EMILY B. JONES at ASA 2007
	800 Free	10:37.88	15-Jul-15	NGHX	Anya Slessor at Irish Age Group & Summer Open Championships
	1500 Free	25:00.00	31-Dec-05		STANDARD
	50 Back	34.49	29-May-15	NGHX	Anya Slessor at East District Open - SASA Grand Prix
	100 Back	1:16.51	15-Jul-15	NGHX	Anya Slessor at Irish Age Group & Summer Open Championships
	200 Back	2:42.29	2-May-15	NGHX	Anya Slessor at North District Open Champs LC 2015
	50 Breast	40.18	29-May-15	NGHX	Anya Slessor at East District Open - SASA Grand Prix
	100 Breast	1:27.18	23-Jul-07	NGHX	EMILY B. JONES at ASA 2007

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11-11	200 Breast	3:02.54	23-Jul-07	NGHX	EMILY B. JONES at ASA 2007
	50 Fly	30.62	25-Jun-15	NGHX	Anya Slessor at Scottish National Open Championships
	100 Fly	1:07.25	15-Jul-15	NGHX	Anya Slessor at Irish Age Group & Summer Open Championships
	200 Fly	2:37.01	15-Jul-15	NGHX	Anya Slessor at Irish Age Group & Summer Open Championships
	200 IM	2:43.32	28-Jun-07	NGHX	EMILY B. JONES at Scottish National Open Champs 2007
	400 IM	5:36.21	23-Jul-07	NGHX	EMILY B. JONES at ASA 2007
12-12	50 Free	29.01	26-Jun-08	NGHX	Emily B. JONES at Scottish National Open Championships
	100 Free	1:02.82	26-Jun-08	NGHX	Emily B. JONES at Scottish National Open Championships
	200 Free	2:09.87	24-Jul-08	NGHX	Emily B. JONES at ASA 2008 BAGCAT
	400 Free	4:40.10	24-Jul-08	NGHX	Emily B. JONES at ASA 2008 BAGCAT
	800 Free	9:38.91	24-Jul-08	NGHX	Emily B. JONES at ASA 2008 BAGCAT
	1500 Free	18:24.22	26-Jun-08	NGHX	Emily B. JONES at Scottish National Open Championships
	50 Back	34.60	17-May-02		HANNAH MILEY
	100 Back	1:13.22	15-Feb-08	NGHX	EMILY B. JONES at Edinburgh Int Age Group - Celtic Tri Nation
	200 Back	2:35.60	10-Apr-08	NGHX	Emily B. JONES at Scottish National Age Group
	50 Breast	37.99	5-Mar-16	NGHX	Caitlin Dick at North District Age Group Championships
	100 Breast	1:18.78	26-Jan-08	SAIA	ORLA L. ADAMS at Scottish Schools Swimming Championships
	200 Breast	2:48.01	26-Jan-08	SAIA	ORLA L. ADAMS at Scottish Schools Swimming Championships
	50 Fly	32.28	18-Jun-02		HANNAH MILEY
	100 Fly	1:10.54	24-Jul-08	NGHX	Emily B. JONES at ASA 2008 BAGCAT
	200 Fly	2:30.83	18-Jun-02		HANNAH MILEY
	200 IM	2:29.97	26-Jun-08	NGHX	Emily B. JONES at Scottish National Open Championships
	400 IM	5:17.19	26-Jun-08	NGHX	Emily B. JONES at Scottish National Open Championships
	13-13	50 Free	28.31	19-Oct-08	NGHX
100 Free		59.94	19-Oct-08	NGHX	Emily B. JONES at ASA County Championships
200 Free		2:08.09	22-Jul-09	NGHX	Emily B. JONES at British Gas ASA National AG Champs Meet
400 Free		4:26.22	22-Jul-09	NGHX	Emily B. JONES at British Gas ASA National AG Champs Meet
800 Free		9:20.20	29-May-09	NGHX	Emily B. JONES at No Frills Meet 2009
1500 Free		17:42.93	25-Jun-09	NGHX	Emily B. JONES at Scottish Gas National Open Swimming Champs
50 Back		34.19	11-Jan-03		HANNAH MILEY
100 Back		1:09.93	10-Apr-13	NGHX	Shannon E. Crawford at Scottish National Age Group
200 Back		2:27.07	18-Jun-03		HANNAH MILEY
50 Breast		34.98	5-Dec-08	NGHX	ORLA L. ADAMS at Dutch Swim Cup
100 Breast		1:14.82	19-Oct-08	NGHX	ORLA L. ADAMS at ASA County Championships
200 Breast		2:42.46	5-Dec-08	NGHX	ORLA L. ADAMS at Dutch Swim Cup
50 Fly		31.36	18-Jun-03		HANNAH MILEY
100 Fly		1:06.86	19-Mar-03		HANNAH MILEY
200 Fly		2:22.54	27-Jul-03		HANNAH MILEY
200 IM		2:26.58	22-Jul-09	NGHX	Emily B. JONES at British Gas ASA National AG Champs Meet
400 IM		5:03.83	27-Jul-03		HANNAH MILEY
14-14		50 Free	28.82	22-Jun-10	NGHX
	100 Free	59.38	22-Jun-10	NGHX	Emily B. Jones at Scottish Gas National LC Open
	200 Free	2:06.06	22-Jun-10	NGHX	Emily B. Jones at Scottish Gas National LC Open
	400 Free	4:26.90	29-Mar-10	NGHX	Emily B. Jones at British LC Championships
	800 Free	9:16.28	22-May-04		HANNAH MILEY
	1500 Free	17:57.41	2-Nov-03		HANNAH MILEY
	50 Back	32.58	28-Feb-14	NGHX	Shannon E. Crawford at SU International/Dave McCullagh Memorial Meet
	100 Back	1:08.81	22-May-04		HANNAH MILEY
	200 Back	2:24.06	2-Aug-04		HANNAH MILEY
	50 Breast	34.89	8-Apr-09	NGHX	ORLA L. ADAMS at Scottish National Age Group
	100 Breast	1:14.00	3-Aug-10	NGHX	Emily B. Jones at ASA Youth Championships 2010
	200 Breast	2:39.49	22-Jun-10	NGHX	Emily B. Jones at Scottish Gas National LC Open
	50 Fly	30.27	27-Nov-09	NGHX	Emily B. Jones at Swimcup Eindhoven

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14-14	100 Fly	1:04.84	29-Jun-04		HANNAH MILEY	
	200 Fly	2:20.96	29-Jun-04		HANNAH MILEY	
	200 IM	2:20.23	3-Aug-10	NGHX	Emily B. Jones at ASA Youth Championships 2010	
	400 IM	4:59.40	3-Aug-10	NGHX	Emily B. Jones at ASA Youth Championships 2010	
15-15	50 Free	27.60	2-Jul-05		HANNAH MILEY	
	100 Free	58.14	7-Apr-11	NGHX	Emily B. Jones at Scottish National Age Group	
	200 Free	2:03.97	30-Jun-11	NGHX	Emily B. Jones at Scottish Gas National Open Champs	
	400 Free	4:19.54	7-Aug-05	NGHX	HANNAH L. MILEY at ASA Commonwealth Trials	
	800 Free	8:59.67	5-Aug-05		HANNAH MILEY	
	1500 Free	18:22.43	8-Apr-10	NGHX	Phoebe L. Whitehead at SNAGS	
	50 Back	32.23	29-Jul-15	NGHX	Heather McIntosh at ASV Time Trial 280715	
	100 Back	1:05.70	17-Jul-05		HANNAH MILEY	
	200 Back	2:17.79	28-Jun-05		HANNAH MILEY	
	50 Breast	33.47	16-Aug-11	NGHX	Emily B. Jones at 3rd World Junior Championships	
	100 Breast	1:12.14	7-Apr-11	NGHX	Emily B. Jones at Scottish National Age Group	
	200 Breast	2:36.57	7-Apr-11	NGHX	Emily B. Jones at Scottish National Age Group	
	50 Fly	29.66	7-Apr-11	NGHX	Emily B. Jones at Scottish National Age Group	
	100 Fly	1:03.02	7-Apr-11	NGHX	Emily B. Jones at Scottish National Age Group	
	200 Fly	2:16.02	30-Jun-05		HANNAH MILEY	
	200 IM	2:18.34	30-Jun-11	NGHX	Emily B. Jones at Scottish Gas National Open Champs	
	400 IM	4:47.47	14-Jul-05		HANNAH MILEY	
16-16	50 Free	26.83	31-Mar-12	NGHX	Emily B. Jones at Scottish Gas National Age Group	
	100 Free	57.16	31-Mar-12	NGHX	Emily B. Jones at Scottish Gas National Age Group	
	200 Free	2:05.91	10-Jun-06	NGHX	Hannah L. Miley at Mare Nostrum XXVII Barcelona	
	400 Free	4:19.54	9-Aug-05		HANNAH MILEY	
	800 Free	8:58.58	4-Apr-06	NGHX	HANNAH L. MILEY at 2006 British Championships	
	1500 Free	17:14.16	29-Jun-06	NGHX	HANNAH L. MILEY at Scottish National Open Champs 2006	
	50 Back	31.98	29-May-15	NGHX	Shannon E. Crawford at East District Open - SASA Grand Prix	
	100 Back	1:05.52	* 5-Dec-05	NGHX	Hannah L. Miley at WASA Winter Open	
	100 Back	1:05.52	* 4-Dec-05		HANNAH MILEY	
	200 Back	2:17.17	29-Jun-06	NGHX	HANNAH L. MILEY at Scottish National Open Champs 2006	
	50 Breast	34.18	14-Jan-12	NGHX	Emily B. Jones at 2012 West District Grand Prix	
	100 Breast	1:10.69	31-Mar-12	NGHX	Emily B. Jones at Scottish Gas National Age Group	
	200 Breast	2:30.46	17-Jul-12	NGHX	Emily B. Jones at ASA YOUTH CHAMPIOSHIPS	
	50 Fly	29.89	31-Mar-15	NGHX	Shannon E. Crawford at Scottish National Age Groups	
	100 Fly	1:01.18	17-Jul-12	NGHX	Emily B. Jones at ASA YOUTH CHAMPIOSHIPS	
	200 Fly	2:15.51	31-Mar-12	NGHX	Emily B. Jones at Scottish Gas National Age Group	
	200 IM	2:17.35	10-Jun-06	NGHX	HANNAH L. MILEY at Mare Nostrum XXVII Barcelona	
	400 IM	4:44.87	29-Jun-06	NGHX	HANNAH L. MILEY at Scottish National Open Champs 2006	
	17 & O	50 Free	26.99	7-Mar-15	NGHX	Hannah L. Miley at North District Age Group Championships
		100 Free	56.94	28-Jun-12	NGHX	Hannah L. Miley at Scottish Gas National Open Swimming Champs
200 Free		1:58.54	25-Jun-09	NGHX	Hannah L. Miley at Scottish Gas National Open Swimming Champs	
400 Free		4:06.21	24-Jul-14	NGHX	Hannah L. Miley at Commonwealth Games	
800 Free		8:28.15	24-Jul-14	NGHX	Hannah L. Miley at Commonwealth Games	
1500 Free		16:28.06	26-Jun-08	NGHX	Hannah L. Miley at Scottish National Open Championships	
50 Back		29.80	13-Feb-09	NGHX	Hannah L. Miley at Edinburgh Int Age Group -L1	
100 Back		1:03.64	5-Dec-08	NGHX	Hannah L. Miley at Dutch Swim Cup	
200 Back		2:12.66	26-Jun-08	NGHX	Hannah L. Miley at Scottish National Open Championships	
50 Breast		32.27	13-Mar-15	NGHX	Hannah L. Miley at Edinburgh International	
100 Breast		1:09.43	25-Jun-14	NGHX	Hannah L. Miley at Scottish National Age Groups	
200 Breast		2:25.40	24-Jul-14	NGHX	Hannah L. Miley at Commonwealth Games	
50 Fly		28.78	* 28-Feb-14	NGHX	Hannah L. Miley at SU International/Dave McCullagh Memorial Meet	
50 Fly		28.78	* 3-May-14	NGHX	Hannah L. Miley at Westhill Invitational Meet 2014	

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17 & O	100 Fly	1:01.14	26-Mar-08	NGHX	Hannah L. Miley at British Swimming Champs 2008
	200 Fly	2:08.24	16-Mar-09	NGHX	Hannah L. Miley at British Championships 2009
	200 IM	2:09.46	17-Jul-09	NGHX	Hannah L. Miley at FINA World Championships
	400 IM	4:31.33	16-Mar-09	NGHX	Hannah L. Miley at British Championships 2009