

NORTH DISTRICT DEVELOPMENT MEET

(UNDER FINA AND SCOTTISH SWIMMING RULES)

22 & 23 JUNE 2019 - INVERNESS LEISURE

MEET INFORMATION

Pool 25 Metres, 8 Lanes, Deck Level, Anti-turbulence ropes, Electronic Timing Equipment

Sessions

Session One	Warm Up 09.30	-	Start 10.35
Session Two	Warm Up 14.00	-	Start 15.05
Session Three	Warm Up 08.30	-	Start 09.35
Session Four	Warm-up 13.00	-	Start 14.05

(SUBJECT TO CHANGE IF NECESSARY)

This meet is primarily a development opportunity for North District Swimmers to achieve times for entry into the District Regional Programme. Therefore age of swimmers is at 31 December and with the exception of swimmers aged 11, entries will only be considered from swimmers with a time slower than those needed for qualifying into the Scottish National Squads. Swimmers aged 11 can enter if they have times slower than the 12 year old time.

Events 200m Freestyle, 200m Backstroke, 200m Breaststroke, 200m Butterfly, 200m Individual Medley, 400m Freestyle, 400m Individual Medley

Ages: 11/12 years (born 2007/2008), 13 years (born 2006), 14 years (born 2005) and 15+ years (born 2004 and earlier)

Age **AGE AS AT 31 DECEMBER 2019**

Entries **All entries must be on Hy-tek Team Manager entry file** (District Rule SW 4.1). To obtain a file please e-mail Lesley Gatton at

entries@sasanorth.org.uk or download from www.sasanorth.org.uk

Please return entry files along with summary sheet and entry fees to

Lesley Gatton, 152 Shillinghill, Alness, Ross-shire, IV17 0TD

entries@sasanorth.org.uk (summary sheet may be emailed with entry files)

Entry Fees £6.00 PER INDIVIDUAL EVENT

Cheques should be made payable to SASA North District.

Entries may have to be limited dependent upon numbers received.

CLOSING DATE FOR ENTRIES IS FRIDAY 24 May 2019

Please note that entry files must be received by this date and paperwork and payment must be received within 3 postal days. No late entries will be accepted.



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Entry Fees (cont)

Payment can alternatively be paid by BACS. Reference should be DEV19, followed by the club code e.g. DEV19NANX. Please contact North District Treasurer sasanorthtreasurer@hotmail.co.uk for bank details if required.

In the event that the meet is over-subscribed, entries will be accepted fastest first across age groups as evenly as is practical, including age 11 as a separate age. Consideration may also be given to how close swimmers are to the qualifying times. In the event that an event or an age-group is undersubscribed, any time made available will be allocated to other events or age-groups in that session at the discretion of the Swimming Committee.

Withdrawals

Early withdrawals should be notified by e-mail or letter to Lesley Gatton, 152 Shillinghill, Alness, Ross-shire, IV17 0TD at entries@sasanorth.org.uk by 5pm on Thursday 20 June. Telephone withdrawals will not be accepted.

NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc

Withdrawals from heats at the meet should be notified on the relevant withdrawal forms. The sheets should be handed in to the recorders table **at least 1 hour prior to the start of the first session and updated accordingly one hour before the start of each session thereafter.**

Marshalling

There will be marshalling for all events. All swimmers, including reserves, must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent competitors and swimmers who have not presented themselves to the marshals prior to their heat leaving the first marshalling area will not be permitted to swim and will be treated as a late withdrawal and fined accordingly.

Awards

Medals will be awarded for 1st, 2nd and 3rd places and Speeding Tickets will be awarded to swimmers exceeding the cut-off times.

Cut off times will be set at consideration times less 5%.

Technical Officials

Lists of Technical Officials for all sessions must be emailed to the Meet Officials Convenor, Sean Dawson at sdawson14@hotmail.com no later than 14 days before the first day of the meet (9 June 2019) – North District rules SW 6.2. and SW6.3 refer.

Please note that probationary Judges and Timekeepers wishing specific signatures, e.g. Chief timekeeper or stroke, should make this request to the Meet Officials Convenor when names are submitted.

For Trainee Judge 1, Judge 2 or Judge 2S, please see the Officials Sheet.

Any queries or changes to Technical Officials after the closing date should be directed to the Meet Officials Convenor, Sean Dawson, or emailed to sdawson14@hotmail.com.



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Photography Please note that anyone wishing to use photographic equipment, including video cameras must register with the Meet Convenor (application should be made on the appropriate SASA Health and Safety form and signed by the relevant club official).

Media & Photography Information

Throughout this event SASA North District may have authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities and may include live streaming on the internet. Images will be uploaded to our website and our social network sites.

Should any competitor wish not to be photographed please complete the Media/Photography Refusal of Consent Form which is available on our website. If at any time a competitor wishes a static image to be removed from our website, 7 days' notice must be given to SASA North District after which the data will be removed.

Notes: All swimmers entered must have paid their SASA membership fee for the current year and be members of a club affiliated to the SASA North District. Registration numbers must be shown on entry files. A Licence has been granted for this competition and accreditation will be applied for to the SASA.

All participants should adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.

Full warm up details will be issued prior to the Meet. The warm up may be segregated.

Different persons have authority and overall responsibility for the running of the meet at different stages.

A list will be issued prior to the competition detailing whom you should approach with any queries, concerns or complaints during the various stages of the meet.

Meet Convenor: Julia Hay
Email: juliahay63@gmail.com

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PROGRAMME OF EVENTS

(ALL EVENTS ARE HEAT DECLARED WINNER)

Session 1	Warm-up 09.30am	Start 10.35am	Session 2	Warm-up 2.00pm	Start 3.05pm
Event 101	Girls 11/12, 13 years	200m Individual Medley	Event 201	Boys 14, 15+ years	200m Individual Medley
Event 102	Boys 11/12, 13 years	400m Freestyle	Event 202	Girls 14, 15+ years	400m Freestyle
Event 103	Girls 14, 15+ years	200m Backstroke	Event 203	Boys 11/12, 13 years	200m Backstroke
Event 104	Boys 14, 15+ years	400m Individual Medley	Event 204	Girls 11/12, 13 years	400m Individual Medley
Event 105	Girls 11/12, 13 years	200m Freestyle	Event 205	Boys 14, 15+ years	200m Freestyle
Event 106	Boys 11/12, 13 years	200m Breaststroke	Event 206	Girls 14, 15+ years	200m Breaststroke
Event 107	Girls 14, 15+ years	200m Butterfly	Event 207	Boys 11/12, 13 years	200m Butterfly
Session 3	Warm-up 08.30am	Start 9.35am	Session 4	Warm-up 1.00pm	Start 2.05pm
Event 301	Boys 11/12, 13 years	200m Individual Medley	Event 401	Girls 14, 15+ years	200m Individual Medley
Event 302	Girls 11/12, 13 years	400m Freestyle	Event 402	Boys 14, 15+ years	400m Freestyle
Event 303	Boys 14, 15+ years	200m Backstroke	Event 403	Girls 11/12, 13 years	200m Backstroke
Event 304	Girls 14, 15+ years	400m Individual Medley	Event 404	Boys 11/12, 13 years	400m Individual Medley
Event 305	Boys 11/12, 13 years	200m Freestyle	Event 405	Girls 14, 15+ years	200m Freestyle
Event 306	Girls 11/12, 13 years	200m Breaststroke	Event 406	Boys 14, 15+ years	200m Breaststroke
Event 307	Boys 14, 15+ years	200m Butterfly	Event 407	Girls 11/12, 13 years	200m Butterfly

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Consideration Times - Age at 31 December 2019

Times to be equal to or slower than Scottish National Squad Policy Bronze times as shown in the table below. "Faster than" times are also required to avoid disappointment. Entry times must fall between the two to be considered.

Boys				Event		Girls			
2007/ 2008 (11/12)	2006 (13)	2005 (14)	2004 & earlier (15+)			2004 & earlier (15+)	2005 (14)	2006 (13)	2007/ 2008 (11/12)
02:34.5	02:23.6	02:12.6	02:04.8	200 Free	Slower than	02:11.4	02:18.3	02:27.0	02:37.1
03:20.2	02:50.3	02:39.2	02:29.6		Faster than	02:37.6	02:46.0	02:56.4	03:22.9
05:29.6	05:06.3	04:43.0	04:26.4	400 Free	Slower than	04:37.5	04:51.2	05:09.5	05:30.7
07:06.6	06:03.0	05:39.6	05:18.8		Faster than	05:32.6	05:49.4	06:11.4	07:06.8
02:49.7	02:37.8	02:25.8	02:17.2	200 Back	Slower than	02:25.8	02:32.7	02:42.3	02:53.4
03:41.8	03:08.8	02:56.8	02:44.8		Faster than	02:55.1	03:03.2	03:14.8	03:43.8
03:07.5	02:54.3	02:40.9	02:31.4	200 Brst	Slower than	02:41.7	02:51.6	03:02.5	03:15.0
04:05.4	03:28.7	03:15.2	03:02.2		Faster than	03:14.6	03:25.9	03:39.0	04:11.8
02:48.3	02:36.4	02:24.5	02:16.1	200 Fly	Slower than	02:24.4	02:30.8	02:40.2	02:51.2
03:38.2	03:05.8	02:53.9	02:43.1		Faster than	02:53.6	03:01.0	03:12.2	03:40.9
02:53.0	02:40.8	02:28.5	02:19.8	200 IM	Slower than	02:28.6	02:35.9	02:45.7	02:57.0
03:44.4	03:10.9	02:58.6	02:47.3		Faster than	02:57.6	03:07.1	03:18.8	03:48.5
06:10.7	05:44.6	05:18.3	04:59.6	400 IM	Slower than	05:13.9	05:28.0	05:48.6	06:12.5
07:57.2	06:46.1	06:20.0	05:57.5		Faster than	06:15.6	06:33.6	06:58.3	08:00.8

Please note, all events will be swum with age groups combined but medals will be awarded to each age group. Times do not require to be accredited but should be **real** times achieved at accredited meets, non-accredited meets or Club Time Trials.

Swimmers exceeding the consideration times after the entry date must be withdrawn and a refund will be given. See SW.14.1.2.



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SUMMARY SHEET

Club Name/Abbr _____

Meet Secretary _____
 Address _____

 Tel. No _____
 E-mail address _____

..... Individual Male Entries	@ £6.00	£
..... Individual Female Entries	@ £6.00	£
..... Coaches Meal Pass	@ £12.00	£
TOTAL		£

CLOSING DATE FOR ENTRIES IS 24 May 2019
Paperwork to be received within 3 postal days of closing date.

Cheques should be made payable to:
SASA NORTH DISTRICT
BACS Payment Reference DEV19 followed by Club Code
eg DEV19NANX
Have you enclosed or sent: Cheque (or paid by BACS)
Hy-tek Team Manager entry file
Summary Sheet

Declaration

I confirm that all swimmers entered in this competition have paid their current SASA membership fee.
 I confirm that any coaches passes will only be issued to individuals from our club that are known to have current enhanced disclosures and/or PVG.

Signed Position in Club Date

(This declaration **must** be completed by all competing clubs)



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OFFICIALS SHEET - Please Note: This sheet to be emailed to the Meet Officials Convenor NOT the Entries Secretary

Club _____
 STO Contact Name: _____
 Tel No: _____

Meet Officials Convenor: Sean Dawson
 Tel: 07961751652
 E-mail: sdawson14@hotmail.com

No of swimmers entered.....

Session 1										
	Judges	Judge Level	Club Code		Timekeepers	Club Code	SASA Number		Judge Mentoring	Training Level
	Name				Name				Name	
1				1				1		
2				2				2		
3				3				3		
4				4				4		
5				5				5		
6				6				6		
7				7				7		
8				8				8		
9				9				9		
10				10				10		
11				11				11		
12				12				12		



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COMPLETION AND OTHER NOTES

1. An Officials Sheet must be completed and emailed to the Meet Officials Convenor, Sean Dawson at sdawson14@hotmail.com no later than **14 days before the first day of the meet.**

2. Each Club's submission for ALL sessions should comply with North District **Swimming Regulation 6.3** as follows:-

- | | |
|---------------------|---|
| 4 swimmers or fewer | No Technical Officials required, but please return the form duly marked |
| 5 – 8 swimmers | 1 Technical Official for every session of the Meet |
| 9 – 12 swimmers | 2 Technical Officials for every session, at least one of which must be a Judge 1 or above |
| 13 – 16 swimmers | 3 Technical Officials for every session, at least one of which must be a Judge 2 or above |
| 17 – 20 swimmers | 4 Technical Officials for every session, at least one of which must be a Judge 1 or above and one more must be a Judge 2 or above |
| 21 – 24 swimmers | 5 Technical Officials for every session, at least one of which must be a Judge 1 or above and one more must be a Judge 2 or above |
| 25+ swimmers | 6 Technical Officials for every session, at least two of which must be a Judge 1 or above and one more must be a Judge 2 or above |
| 50+ swimmers | 7 Technical Officials for every session, at least two of which must be a Judge 1 or above and two more must be a Judge 2 or above |

Please note that the number of swimmers is the number entered into the meet not the number in a session and that these are the minimum requirements.

3. For the purposes of Rule SW6.2 Trainee Judge 1 will count as Timekeeper, and Trainee Judge 2 & 2S count as Judge, however Trainees being mentored on the day will not count towards their club's provision of officials for the purposes of Rule SW6.5

SW6.6 Where the Referees in charge agree that there were sufficient Swimming Technical Officials present to ensure adequate cover in any session, an official might be mentored at the next level for which they were training without incurring a penalty for that session, even although this may technically leave their Club short of the numbers required to meet SW6.3. Officials carrying out scheduled Final Assessments will count at their existing level.

4. For the purpose of determining how many swimmers a Club has entered into a North District Meet or Championships, only swimmers entered into individual events shall be counted in accordance with SW 6.4

1	Only enter information in the green highlighted sections (the others are locked). Capital first letter then lower case.		
2	Please complete ALL the programmed sessions for the meet		
	Judges		
3	Please complete each Column with the available judges for each session		
	Name	Club	Level
	Full name of Judge	Your club Initials	Current qualification
	Time Keepers		
4	Please complete each Column with available Time Keepers for each session		
	Name	Club	
	Full name of time keeper	Your club Initials	
5	Mentoring - It is not always possible to facilitate mentoring due to lack of officials. Please enter those who require mentoring under their current qualification AND in the mentoring section. e.g. - If a time keeper is requesting a J1 mentoring session then please include the name in the Time keepers Column and in mentoring Column.		
	Mentoring Requests		
	Name	Club	Level
	Full name of Trainee	Your club Initials	Level at which mentoring is required.